

# Caring for Your Biopsy Sites

Always follow the instructions provided by your healthcare provider and contact them if you have questions.

The following guidelines will help your biopsy sites heal properly.



## Keep biopsy areas clean and dry

Keep biopsy sites dry for 24 hours

- Avoid showers
- No baths
- No swimming
- No hot tubs

Leave biopsy sites covered for 24 hours with the original bandage. Change the bandages if they become wet or damp.



## Use bandages for 2-3 days

Bandages may be helpful in the first few days to prevent bumping, rubbing, or stretching of the biopsy site.

Bandages for biopsy sites are no longer necessary if:

- A scab has formed
- The bleeding has stopped, and new skin begins to grow over the biopsy sites



## When to call your doctor?

Call the healthcare provider who performed the biopsy if you experience:

- Multiple bandages soaked through within the first 24 hours
- Redness around one or more of the biopsy sites that has spread significantly
- Discharge coming from a biopsy site
- A fever of 100.4° or higher

# Next Steps

Your biopsy results will be sent to your doctor in about 3 weeks; however this timeline may vary. Contact your healthcare provider to schedule an appointment to discuss the results.



## Will my biopsy sites scar?

A biopsy site may form a small bump, indent, or a small scar, which usually fades over time. In most cases, you won't be able to notice where the biopsies were taken in just a few months.



## What if bleeding occurs after I leave my healthcare provider's office?

Apply pressure for 20 minutes or until the bleeding subsides and apply a new bandage to keep site dry. Contact your doctor if you experience excessive bleeding.



## Will I feel any pain after the procedure?

Most people don't report pain after the procedure, but if you do, you can take acetaminophen for 1-2 days.

Please contact CND's Clinical Services team if you have any questions about the test at [support@cndlifesciences.com](mailto:support@cndlifesciences.com)

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